Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God. Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. —Romans 5:1-4, NRSV

As the pandemic continues to affect our lives and limit the ways we can safely interact and gather, it is easy to feel a bit isolated, restless and impatient. “When will we be able to return to normal?” and “What will normal look like?” are questions that accompany our thoughts each day. The leadership at Zwingli are dealing with these questions as well, along with other questions and issues around opening the buildings to limited worship experiences and possible meetings of Ministries and other groups. A Return to Church Team (RTC Team) has been working behind the scenes to gather information from reputable and trusted sources like the CDC, research at a few universities, United Church of Christ webinars about science and COVID 19, other articles and information from sister churches close by and further away. To say that the task is daunting is an understatement, especially in light of our responsibility to open safely for the protection of the health and lives of our members and community. We know we need to stay patient and flexible.

To give you a small taste of what the RTC team has been considering, I invite you to read the article by Kristie Lowery that immediately follows this one (please read the entire article!). You will hopefully notice that any question about our return is a complicated one. Other churches surrounding us, and in the Pennsylvania Southeast Conference are also making such decisions, with some close by fully open and likely not wearing masks or social distancing, to those who have decided to wait opening their buildings until January of 2021. We’re somewhere in between as we remain cautious and yet alert to trends and the leading of the Spirit.

Although our circumstances may be different than the church in Rome in Paul’s day, his words to the church then are just as important and essential for us today. In the midst of our struggles and distress we are to depend even more on the grace and peace we have received in Jesus as we strive to persevere in these extraordinary times. Paul promises that as we persevere and work together, we will develop deeper character, and that character (strength, integrity, honor, uprightness) will lead to hope. May we be a people of patience, perseverance, character and hope.

Peace,
Butch

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Healthy Moment
Why Can’t We Sing in Church?
By Kristie Lowery
Faith Congregational Nurse

“Sing to the LORD a new song; sing to the LORD, all the earth.” Psalm 96:1

Oh, how we love to sing! It is hard to imagine a Sunday morning church service with no singing! How can that be? And why must it be this way? Surely, we can sing or hum with masks on, right? These are questions asked by all of us. However, when you know the science behind why singing is considered a high risk during the Corona pandemic, you gain an understanding of why it is so important that we patiently wait until it is safe to sing.

The Return to Church Team (RTC Team) has been working on the safest way for our congregation to return to worship with the least amount of risks. Information available indicates that singing significantly increases transmission of the disease and is a high-risk activity due to the manner in which singing encourages aerosol spread. We recently viewed a presentation sponsored by the United Church of Christ. The speaker was Dr. Heather Nelson, who has been a music director at a mid-sized Baptist church. She is also a vocologist and a voice teacher with a PhD in Vocal Pedagogy and Voice Science. She provided a very detailed and informative workshop on “Singing, The Church, and COVID-19: A Caution for Moving Forward in our Current Pandemic.” She began with a quick review of the anatomy of our respiratory system which provides an understanding of why the activity of singing is considered high risk for the spread of the COVID-19. Our respiratory system begins with the entrance of air through our nose or mouth and ends in our lungs. The entire system, from nose to lungs is covered with a mucosal lining, which serves as a protectant. As we breathe, the mucosa will catch dust, pollen, particles, germs, etc. and will prevent entrance to the lungs. Much of what we breathe will get caught in the mucosa. However, there are times that there may be a break in the mucosal lining and the particles/germs will enter the lungs. When someone coughs or sneezes, they can emit droplets of mucus which is much larger than aerosol and can be visible. Because the droplets are larger and denser, they may travel a few feet and fall by gravity to the ground or a nearby surface. If the person is sick, the droplets may contain bacteria or viruses and can infect another person with direct contact of the mucus to their own mouth or eyes, or by touching surfaces where droplets have landed (and then touching the mouth, nose or eyes).

When a person projects their voice to speak loudly or sing, the air travels from the lungs, through the respiratory system and up through the vocal cords. As the vocal cords are vibrating, they can shred the particles into much smaller particles. As the particles travel along the mucosa, they pick up moisture and when they finally reach the mouth or nose to exit the body, the secretions are moist. The smaller particles are dispersed through the air at a higher velocity, which then travel along any air column that will carry them throughout the room. The smallest particles are considered an aerosol and cannot be seen with the naked eye due to being miniscule. The aerosol particles are light enough to remain suspended in the
air for many hours and can travel up to twenty-seven feet from the emitter. When those particles include COVID-19, they cause a serious risk for anyone that may breathe in the aerosol. Singing in groups is considered a super spreader of the virus. These risks are present anywhere that people gather and sing.

By now you may be thinking that this should not be a problem for congregational singing if we wear a mask. However, the aerosol escapes from the top of the mask and from the sides, and the poorer the fit of the mask, the more aerosols that escape. Think about how your glasses may fog up when you have a mask on. Also, the more who sing, the greater the concentration of aerosols. Although masks are critically important to contain the spread of aerosols, they may not sufficiently contain the aerosol spread caused by congregational (or even choir) singing, especially since none of us wear a perfectly fitted mask and too many wear masks incorrectly.

The RTC Team considered allowing humming hymns and songs while they were being played. However, Dr. Nelson, demonstrated how if you sing a scale of musical notes and place your hand in front of your mouth while singing, you will feel the air as it exits your mouth. Now try humming the same musical scale, and put your hand in front of your nose. You will feel the air coming through your nose. Humming contributes to the spread of aerosol, just as the singing does.

We have also considered having an individual or couples from our choir sing the hymns/songs during the services while our members listen. However, the projection of their voices while singing, will also create an aerosol cloud that could hover above the congregation and could lead to spread of the virus if the person singing is asymptomatic (we would not have a singer with symptoms in the sanctuary!). There are ways to mitigate the risk when we have one or two singing. One is sufficient distance from others and the other is making sure singers use well-fitting masks. The RTC Team is considering what would be a safe distance and position to allow us to enjoy hearing the singing but decrease the risk of spreading the virus. Aerosol spread is also connected to the flow and exchange of air in a room or space. Thankfully, we have an HVAC system that has a sufficient air exchange to help move the older air and aerosols out of the space frequently, replacing it with fresh air.

The RTC Team recently conducted a survey to obtain the congregations input regarding the decision to resume our worship services. The response was very clear that our members want to return only when it is considered safe to do so, and many indicated they would want to wait for a vaccine to be available. Some of our families with young children have indicated that they cannot return to the church until there is a vaccine or children may be at risk. Many of our members are in the high-risk category of being over 65 years of age with secondary disease processes which impairs their return to worship. And some have expressed that they would prefer to view the service through the live stream, rather than participate in a service with no music.

By now, you are seeing the big picture and the risks involved in allowing singing during our church service. Singing is not the only issue. So, what do we need to do for us to return to church? For now, we must be patient. It is anticipated that as the schools start up and attempts are made to return to normal in the fall, that there will
be an upsurge of corona virus cases. Based on those concerns, the RTC Team is considering an opening date of mid to late fall. Dr. Nelson suggests that we use this time to enrich our musical creativity. With the technology available, perhaps music could be pre-recorded and played during the service. Some of our members have been offering their musical creativity for our live stream services. We have been quite blessed with their talents and will strive to utilize the talents of our members to create a joyful sound for our Lord.

The most important reason for our patience and striving to provide a very safe return for our members is based on the scripture, "You shall love your neighbor as yourself. There is no other commandment greater than these." - Mark 12:31

For now, we wait patiently, continue with our live stream services, think creatively on how to make a joyful noise for our Lord, and pray that this virus will move on quickly. Our congregation has been very blessed that so far, our members have avoided the coronavirus and we want to keep it that way!

Resources

**SONGBOOK AND HYMNALS**

Since live streaming will continue until we are confident about everyone's safety, we are offering the opportunity to borrow a hymnal and/or songbook for those who prefer to have the music for singing at home. They are available in the church vestibule during office hours. Please notify Lisa if you plan to borrow.

**JOIN US ONLINE EACH SUNDAY FOR WORSHIP!**

Prelude music will begin at 8:45 am. Worship will begin at 9 am.

To join us on Facebook Live, go to: www.facebook.com/Zwingli.ucc

Don’t have a Facebook Account? No problem - below are directions to watch the worship service without a Facebook account.

1. Click on www.facebook.com/Zwingli.ucc/live at 8:45 am.
2. If video is not playing, click the word "videos" in the left column, then look at the first video thumbnail under "all videos”. This should be the most
current Live video. If you are early, you may need to refresh the page by hitting F5 on your keyboard.
3. You DO NOT need to log in or sign up to be able to view the service.
4. Remember, if you load the page before the stream starts, the stream will not pop up. You will need to refresh the page.

To view the worship service at a later date:

Go to www.zwingli.org or
Go to Facebook.com/Zwingliucc or
Go to Twitter #Zwingliucc or
Check your weekly Z-News on Monday.

FLOWER AND BULLETIN SPONSORSHIPS:

A letter was mailed to all members who had scheduled sponsorships between March 15 and August 30 to reschedule those sponsorships. If you did not receive your letter, please contact Lisa in the church office at office@zwingli.org or 215-723-1186.
We are going to restart flower and bulletin sponsorships on September 6.

CHANGES TO LIVE STREAM SCHEDULE FOR WEEKDAY EDUCATIONAL AND SPIRITUAL OPPORTUNITIES
(Facebook Live, zoom)

Pastor Elaine, Pastor Butch, the Educators, Elders and others are making every effort to respond in these extraordinary times to the educational and spiritual needs of the congregation. In light of plans for the Fall/early Winter Sunday School schedule, other ministry programs and concerns we have for our families, community, nation and world, the pastors have decided to make changes to the online schedule initiated during the pandemic. Please see the schedule(s) on the following page of opportunities for faith response and development.
will be discontinued. If needed, we will offer this opportunity again in the future.

STEWARDSHIP

Dear Friends,

Martin Luther King, Jr. once called love “the most durable power in the world.” As he explained, “Hatred and bitterness can never cure the disease of fear; only love can do that. Hatred paralyzes life; love releases it. Hatred confuses life; love harmonizes it. Hatred darkens life; love illuminates it.” In the United Church of Christ, we hear God calling us to Three Great Loves. Love of Neighbor. Love of Children. Love of Creation. Love becomes trite when we quote it but don’t work for its realization in our lives. But in the United Church of Christ we give ourselves to answering God’s call to love. We strive to courageously love all the time. The annual stewardship campaign, which begins in November, provides the resources our congregation and the wider United Church of Christ need to answer God’s call to love. We will talk about the ways God calls us to love children, our neighbor, and creation. Generosity to the

WEFENDAY PRAYER CIRCLE – SCHEDULE CHANGE

We will meet for Prayer Circle with Pastor Elaine or Pastor Butch each Wednesday of the month from 12:00 to 12:30. The zoom invitation will be sent ahead of time. We feel that heartfelt communal prayer is especially needed on a consistent basis as we continue to deal with individual, family and church concerns, the pandemics of COVID-19 and racism, as well as other societal issues and direction.

FAITH MATTERS AND QUESTIONS BY ZOOM – DISCONTINUED

In light of other opportunities being planned for education, inspiration and conversation, Faith Matters and Questions
annual campaign assures that our congregation can faithfully answer God’s call to love.

As we remain in this pandemic, longer than anticipated, the Stewards want to reach out and thank everyone for your faithful, loyal commitment to giving during the past few months.

Has it left you anxious, lonely or are you delving into projects long forgotten and enjoying a little solitude? Do you find unexpected "pockets of joy" along the way?
I have heard from a few of you, but I am sure you are all wondering, does it matter what I am feeling,
Yes, it does matter, to our children and grandchildren, so start today and send your notes, stories or a simple thought to make Zwingli Covid history.

Gladys Amspacher
Gladyamspacher@yahoo.com

INTERESTED IN MEMBERSHIP AT ZWINGLI?

Our Membership Class plans in the spring got sidetracked by COVID 19. It will be handled a bit differently, but we certainly welcome anyone who is interested in membership. With the increased use of technology, you can "join" no matter where you are. Please contact the office (215-723-1186 or office@zwingli.org) with your interest and we will be in touch directly to set up the necessary meetings. If we already know of your interest, you should have heard from us by now. Looking forward to the next step to your membership with Zwingli.

ZWINGLI NURSERY SCHOOL

We Have Some Openings!

Zwingli Nursery School is now accepting registration for the 2020-21 school year! Reserve your spot today!
Please call the church office, visit www.zwingli.org/zns or see Lisa Cinciripini for a registration form.
Classes held Monday, Wednesday and Friday from 9 – 11:30 am.

SHEPHERDS NOTES

Pick up those pens people!
Share your days and your feelings during the Covid 19. How has it changed your life and your routine?

ASSOCIATE PASTOR SEARCH

The Search Committee (Mark Comden (Chair), Jim Bush, Chris Jalboot, Angela
Mosby, Karen Rosenberger and Pastor Butch) – with occasional help from a few of our youth – have been working diligently to discern the best candidate for the called Associate Pastor position at Zwingli. Recently, the committee identified a candidate and was ready to move to the next step when we were informed the candidate discerned a call to another church. The candidate offered extremely positive comments about Zwingli, the Search Committee and the process, but in the end decided on a position that suited their gifts and hopes for ministry a little more closely. The search committee is taking a brief pause, re-evaluating with the Elders and pastors, and will be receiving profiles again in the near future. We have been informed that there are few potential candidates looking for Associate positions nationally at this time, and no such profiles for Associate positions have been sent to the PSEC in the last month or so. In fact, the number of profiles being circulated in general in the UCC are at a lower level the last few years than there has been in the past. Please keep the search committee and process in your prayers. We will keep you informed of news and progress.

**RALLY DAY WITH A TWIST SEPTEMBER 13TH**

Sunday School activities will resume Sunday, Sept. 13 with our Children and Youth gathering outside and socially distanced while Bible Study and Adult Electives will launch our Zoom Christian Ed. Program. The children and youth will be preparing some special greetings that will then be delivered (car rally style) to our homebound and socially distanced members to remind them that Zwingli misses them.

**SUNDAY SCHOOL AT ZWINGLI THIS FALL**

We are all doing our best to “get back to normal” when nothing is “normal”. Sunday School for our children and youth was requested to be outside and socially distanced for as long as possible. Please know that we may need to adjust as we go, but the plan is for children to gather at 10:30. We welcome parents to stay and assist, but drop-offs are okay. Age groups will be preschool - kindergarten, 1st - 3rd,
4th - 5th, 6th - 12th. For the time being, LYFT will be finding other times to meet via zoom since most of our parents will be tied up with the children. Adult SS will make use of our zoom capabilities. The zoom link for fellowship that starts right after worship will become Adult Electives and Bible Study at 10:30. You can join at any point once the zoom room opens around 10:00. This can be accessed by phone for those who do not use computers. We will try to use the same meeting ID each week to simplify the connecting process. The current meeting ID works until September 20.

ADULT ELECTIVES THIS FALL

September 13
Intro to SS via Zoom – exploring breakout rooms and troubleshooting, making plans for how to make this work best for everyone. We welcome suggestions of class topics for the future.

September 20
ONA: What does the Bible say? Part 3
We are continuing this very important discussion as we focus this session on New Testament passages. Bring your questions and concerns and learn more about contexts and translations that will help us all have a better understanding of the use of scripture around these issues. Pastor Butch will lead this session.

September 27
How Has COVID 19 Changed Your Life?

October 4
Joint Bible Study

LYFT Fellowship OSD – Linking Young Families Together Outside & Socially Distanced

Please join us at the Zwingli firepit on Sept. 5th at 5:00 pm. Bring your family’s meal and s’more makings (including skewers or sticks). For games please bring a bucket, shorts, shirt and shoes that fit the largest person in your family, and an idea for a bible story that your family can act out in a charades game.

CROPWALK

The CROP Walk will be virtual this year! More information will follow as we receive it.

Twenty-five per cent of all proceeds go to Pennridge FISH for local hunger use. The remaining funds will be used by Church World Service and its partner agencies for hunger and disaster relief in the US and globally. If you plan to walk, see Lisa
Cinciripini for a sponsor form. For more information, visit www.crophungerwalk.org/perkasiepa or email maryflong@hotmail.com.

COVID-19 CONVALESCENT PLASMA DONORS NEEDED

Each year Zwingli and Zion Mennonite Church partner for four blood drives conducted by Miller-Keystone Blood Centers of Reading and Bethlehem. They are the sole provider of blood products to 29 hospitals with Grandview, St. Luke’s, and Lehigh Valley being three of them. They also provide products to five additional hospitals on an as needed basis. With the current pandemic, they have had the opportunity to partner on a larger scale.

M-K has been providing units of Convalescent Plasma from donors who recovered from COVID-19 since April. The antibodies from the plasma of the recovered donor gives patients the strength needed to recover. The need still exists. If you know someone who has recovered and is willing to donate plasma, have them go to www.giveapint.org and learn what needs to be done. NOTE: The donor must be free of symptoms due to COVID-19 for at least 28 days.

SEPTEMBER BLOOD DRIVE

A total of 25 pints of blood were successfully donated from the July blood drive. This is the largest donation in the last 4 years and maybe longer. THANK YOU!!! Miller-Keystone was very pleased with the turnout and the cooperation of the donors adhering to the mask guideline. The next drive will be held at Zion Mennonite Church on Tuesday September 15th from 1:00 pm until 6:00 pm. As of August 17th there were only 2 open slots; 4:00 & 5:40. You can sign up electronically now or contact Jim See to sign you up. Walk-ins will only be accepted if there is an open slot the day of the drive.

UPCOMING MISSION PROJECTS

COVID-19 has affected our lives in so many ways. This has been especially true for those in need as the number of persons struggling with financial stress, unemployment, food insecurity, or the possible loss of home have increased. Other stresses have led to additional crises, including health problems beyond the coronavirus. The Missioners are aware of such needs and hope that we as a church can offer a faithful response through familiar mission opportunities as well as new ones.

As reported earlier, we were grateful for those who responded to the Lenten Mission Project, the "Anything is Paulssible 5K Run/Walk" in honor of Paul Detweiler. However, the interruption to in-person worship and other factors disrupted our hoped-for goals. One Great Hour of Sharing (OGHS) envelopes were distributed with the March newsletter. We thank everyone who mailed them to the office with their donation. We'll continue to accept donations for that offering.

Meanwhile the Missioners will continue to encourage the congregation to participate as a "5 for 5" congregation. We were recognized along with 72 other PSEC congregations at the conference meeting held on August 15 for achieving this laudable goal. Besides OGHS and OCWM (which is budgeted), Strengthen the Church is normally collected in May, Neighbors in Need in October, and the Christmas Fund in December. Plus, we also participate in the Conference's All Saints
Sunday offering collected in November. Envelopes for these appeals would normally be included in future newsletters. However, until mailed newsletters resume, we will highlight each appeal and ask the congregation to send their donation to the office for each offering. Please watch for these requests, since the offerings provide needed aide to a wide array of people and communities in need.

Additionally, we plan to participate in Keystone Opportunity Center’s Thanksgiving Food Drive and will launch an Advent Mission Project. Details for the offerings and projects will be forthcoming.

**BRAZIL MISSION**

When the pandemic hit, Kate Sauerman was in California for debriefing. Since Brazil’s borders were then shut down, she returned home to PA. She’s been helping out at the Shores of Grace office in Philadelphia and working remotely via zoom with the team in Brazil going through training to help develop a staff care program for the ministry. She’s anxious to return to Brazil, but had to hire a lawyer in the states to handle her visa renewal. Zwingli’s continued support has been greatly appreciated. Please keep her in your prayers.

**A REPORT FROM KATE SAURMAN, MISSIONARY WITH SHORES OF GRACE**

It was 2 pm on Pentecost Sunday, the second day of protests in Philly. We were on our way to a park in the north of the city. The park is on a drug block - a 50x50ish foot square of grass in an impoverished residential neighborhood. It’s the only grass available to the children there. It’s also a heavy heroin use area. There is newly erected fence encircling the park to discourage people from using in this space. Now bodies line the outside of the fence and hundreds of needles litter the sidewalk instead. It’s hard to tell sometimes who is just passed out, who has overdosed, who is even breathing. Needles hang halfway out of arms. Passersby are greeted with non-responsive stares. But the grass is clean.

Let me back up a little. As I’ve shared before, Shores of Grace has a base in Philadelphia too. It has been a life saving grace for me to volunteer beside my dear friends here while I am waiting for Brazil’s borders to re-open. Every Sunday the team takes boxes of food donations out to the park to distribute to the homeless. Yes of course we follow corona safety procedures, using masks, gloves, etc. This afternoon was a little different. A man approaches us, “everyone’s at the riot, there won’t be many today.” Nevertheless,
we feed maybe 150 people. Most other aide groups stopped coming here when the corona virus hit. But people don’t lose their necessity for food because of a pandemic. Sick or well, the homeless need food, eye contact, and genuine concern. Addicts need hygiene supplies, to be heard, and to be valued. A local from these streets grabs a pair of gloves and helps hand out sandwiches, reprimanding the crowds, “you can’t touch that fruit with your bare hands, I’ll get it for you”. About two blocks down there is smoke and blockades. Police fly around the block ignoring the slouched bodies and needles. Fire trucks circle. Helicopters hover overhead. Sirens of all varieties block out the quiet voices around me. I am completely overcome with this indescribable knowing, that each of us is a brick in the foundation of one great building. This is the body of Christ and today is Pentecost Sunday. There’s nowhere I’d rather be.

People start to come back from the unrest, some who have been involved in looting. Trash bags full of jeans, laying one pair at a time over the post office box to sell. Sneakers. Pockets full of rolls of toilet paper to make up for the shortage during corona virus. One guy walked by proudly with an unopened package of new underwear beneath his arm. They smile at me. They’re kids. I put a sandwich in a trash bag of looted merchandise for another boy, maybe 17. Thank you he said starting to walk away before turning back to explain, “This was a once in a life time opportunity ma’am.” Others swore they would never touch looted goods. The streets were full of kids on dirt bikes, 4 wheelers, motorcycles, not stopping at lights, doing wheelies through traffic. When the food was all distributed we took a table and chairs around the block for a family of 5 who were without. Soon it’s announced that there will be a curfew in 2 hours. PA is in a state of emergency with the National Guard on its way to Philly. I feel at home for the first time in a while, and then I realize, almost all of a sudden, “wait, this is America”. Today I could have been in Brazil. I felt like my worlds had just collided. The chaos and unrest, unemployment, road blockages, tear gassed protests, fires, violence and looting that we have experienced over the past month is the standard of everyday life in huge portions of the world. The lack of safety, even the “food shortages” during the lockdown, this is normal to millions.

My point in describing this day is to share the echo that has been resonating in my heart this month. Our cities, internationally, are ringing with the chant, “say their names”. How many names do we truly know the person behind? The stories, behind? I can tell you first-hand how vulnerable it is living as a minority. Whether we’re talking about racism, socio-economic prejudice, sexism, or any other type of bias, on Pentecost Sunday, Jesus made it unavoidably clear, that He died to pour out His Spirit on all flesh, fully and equally. There is only one human race, and only one church. When one suffers, we all suffer. I realize that Pentecost Sunday was over a month ago, and as usual, I am late sending my newsletter, but this message is equally important as Independence Day arrives – let’s not forget those who are still fighting for freedom. Over the past few weeks, once at a prayer meeting on the capitol steps, and once at a protest, I heard two men make similar speeches. One was a black pastor and the other a black businessman who had recently been released from jail. Between tears they testified, “I am so humbled to see the turn out of so many races here today. And I need to ask forgiveness because I had almost lost hope. Seeing your faces has
changed my mind. Thank you for being present and hearing. We need you beside us [paraphrased]." This is not the time to be divided, it’s a time to unify. Yes, love has a cost, it will be uncomfortable, inconvenient, sacrificial. It will cause us to re-think, to change for the better. This is the very nature of family, and the nature of Christ. I pray that you would each be surrounded by the peace of Jesus as you take care of yourselves and your neighbors this summer.

Be blessed!
Kate

SUMMER OFFICE HOURS

The church office will return to normal hours on September 8. Office hours will be Monday – Thursday, 8:30 – 4:30 and Friday: 8:30 – 3:30 pm. Closed 12 – 1 pm daily.

STAY INFORMED

If you want to stay current on what Zwingli Ministries and Council are doing, pick up a Pre-Council Report from the vestibule. See the wonderful ideas that are being shared by your leaders!

Or contact the church office and ask to receive the report monthly via email!

KEYSTONE OPPORTUNITY CENTER

Keystone Opportunity Center gratefully accepts donations of food, household cleaning and paper products, toiletries, etc.

Current food pantry needs would be:

- Fresh Produce: apples, oranges, bananas, carrots, potatoes, onions, celery, bags of lettuce
- Cereal & Oatmeal
- Pancake Mix (complete)
- Pancake Syrup
- Meals in a Can: spaghetti w/meatballs, ravioli, beefaroni
- Baked Beans
- Canned meats: tuna, chicken, ham, salmon
- Spaghetti Sauce
- Canned Fruit in juice
- Condiments: ketchup, mayonnaise, mustard, and oil
- Sugar (1 lb.box or 5 lb. bags)
- *Laundry Soap
- *Toilet Paper
- *Paper Towels
- * (These are items cannot be purchased with SNAP (food stamps)
- Gluten Free, Sugar Free and Low/No Sodium Products (for families with special dietary needs)

We ask that you please check the expiration dates on all donated items.

Any donation from the list above, whether large or small, is always greatly appreciated. If you have any questions, please do not hesitate to contact Cindy Dembrosky, Food Pantry Coordinator at 215-723-5430 Ext. 101 or Carol Doyle, Food
Pantry Assistant at Ext. 123. Thank you for taking the time to think of those in need.

Donations accepted on Mondays from 10-1 at Keystone’s front entrance on 104 Main St, Souderton. Look for the food drive signs.

DEADLINE FOR SUBMITTING MAILING ARTICLES FOR THE OCTOBER MAILING ARE DUE

MONDAY, SEPTEMBER 21, 2020

PLEASE INCLUDE ANY INFORMATION FOR ALL OF OCTOBER AND THE FIRST TWO WEEKS IN NOVEMBER

Note to the Mailing Crew and anyone else who wants to help: If allowed, we will meet on

Wednesday, September 30, 2020 at 9:00 a.m. to send out the mailing next month.

Zwingli UCC Staff
Butch Kuykendall, D.Min. ......................Senior Pastor
Elaine Ely..............................Interim Associate Pastor
Steve Emery............................Music Director, Bell Choir Dir.
Lisa Cinciripini........................Office Administrator
Kristie Lowery ........................Office Assistant
Linda Cuddahy ........................Nursery Caregiver

Zwingli United Church of Christ, 350 Wile Avenue, Souderton, PA
Phone: 215-723-1186 Fax: 215-723-5402
www.zwingli.org office@zwingli.org
Summer Office Hours: M- F: 8:30-3:30 Closed 12-1

Handicap Accessible
A BUSHEL OF BOOKS
Design a handy bag to tote your books this fall.

What you need:
- Plain canvas bag
- Cardboard scrap
- Acrylic paints (2 colors)
- 2 small paper plates
- Apple
- Knife (and adult help)
- Foam brush
- Scrap paper

What you do:
1. Lay the bag flat on a table, and place cardboard inside for protection.
2. Pour a paint dollop on each plate.
3. Slice the apple in half, keeping the core intact.
4. Brush a thin layer of paint on the cut side of an apple half. Practice making stamps on scrap paper. Use the other color on the other apple half.
5. Paint and stamp the bag with your final design. When dry, remove the cardboard.
6. Use the bag for school and Sunday school. Happy reading!

PUZZLE
WISDOM FROM THE WORD
God makes a special promise to people who study Scripture.

Directions: Arrange the word list in alphabetical order. Then write the circled letters in order below to complete Joshua 1:8, NIV.

- school
- paper
- wisdom
- read
- play
- learn
- grow
- pencils
- pray
- art
- student
- kids
- apple

“... meditate on it day and night, so that you may be careful to do everything written in it. Then you will be ___ ___ ___ ___ ___ ___ ___ and successful.”

JOSHUA 1:8, NIV